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Univerza v Ljubljani



Tampere University
of Applied Sciences

4steps Meeting and Workshops Program in HCMC 18th-20th 2023

4steps for Healthy Babies, Healthy Families, Healthy Nations

Erasmus+ Capacity Building in the field of Higher Education

Event organized by UMP: “Midwife skills”

9:00-16:00 April 18th 2023:

120 participants, project groups and midwives from surrounding hospitals (Tu Du Hospital, Hung Vuong Hospital, Nhan Dan Gia Dinh Hospital, Hospital of District 11, My Duc Hospital, University Medical Center branch 1 and 2, midwife students)

- Care of newborn with low Apgar scores (TAMK_Anne)
- Happy sex after childbirth (UL_Polona)
- Happiest baby method-skill station-how to teach parents (TAMK_Elina)
- Oxytocin during labor stages (TAMK_Marika)



9:00am-16:00 April 19th 2023:

46 participants, project groups and midwives lecturers and midwives from University Medical Center branch 2, midwife students

- Barriers to exclusive breastfeeding (UMP_Nhan)
- Communications with the newborns (UMP_Hien)
- Supporting methods to stimulate breast milk and release breast obstructions (UMP_Phan)
- EPIIC hypotheses and midwifery science (UMP_Ly)
- WHO labour care guide (UMP_Anh)





9:00am-16:00 April 20th 2023:

32 participants, project groups and midwives lecturers and midwives from University Medical Center branch 2, midwife students

- Baby massage (UL_Polona)
- Practice time for baby massage
- Visit Hung Vuong hospital





During these 3 days we had many active discussions with the audience. Feedback was collected and learning outcomes were good.