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Universita di Ljubljana



4steps Meeting and Workshops, HSI of RCAF, Phnom Penh, Cambodia, 8.-12.8.2022 (daily 9.00 – 17.00)

Participants: All partner universities representatives.

8.8.2022 Monday Transnational Meeting

Morning:

- Getting to know HSI of CRAF and midwife education in Cambodia, Dr. Kang Virak.
- Administrative issues, workdays, financing, Dr. Jouni Tuomi.
- Quality plan. Example: WP5 – pre-pregnancy midwifery care, Polona Mivšek, UL.
- Dissemination plan
- Equipment situation
- Advisory board
- Checking that everyone has access to the Cloud and Microsoft SharePoint.

Afternoon:

Study visits to the maternity clinic and maternity hospital

9.8. Tuesday Workshop

Morning: WP 2

- Simulation pedagogy, WHY? – Active reflective learning and HOW? - Different ways to simulate, Anna-Mari Äimälä, TAMK.
- Tools for teachers to plan simulations. Non-technical skills (teamwork, communication, leadership) and technical skills. Debriefing in simulation. Elina Botha, TAMK.
- Simulation 1. Role playing: Client centred counselling. Polona Mivšek and Petra Petrocnik, UL.

Afternoon

- Simulation 2. Step by step guidance to practice full scale simulation, Elina Botha and Marika Mettälä, TAMK.
- Reflection.
- Home task: describe a learning case (scenario) using the tools.

10.8. Wednesday Workshop

Morning: WP2 and WP7

- Simulation 3. Learning how to build a scenario/case and facilitate simulations by doing. Presenting participants' own scenarios, with the help of role play and drama pedagogics.
- Reflection.

Afternoon: Lectures – Midwifery skills and best practices in all participating

Short theory and demonstration on prevention of perineal injuries (WP7) Petra Petročnik, UL.

1. Short theory and Demonstration Finnish grip (WP7), Marika Mettälä, TAMK.
2. **Delfoi** discussion: Protecting perineum: One midwife-expert from all Asian universities & Petra and Marika. Comparisons between practice skills in different countries.
3. Best practices: Oxytocin (WP7), Marika (continuation to NDUN presentation).
4. Best practices: Prevent infections (WP5-9), Marika.

11.8. Thursday Workshop

Morning: Short presentations (factsheets/presentations/protocols) and different kind of simulation practices WP2 practical training, WP 7, 8, 9 content.

Midwife skills during childbirth simulation, skills training and discussions, sharing practices.

1. Shoulder dystocia, recommendations, and procedures, Anna-Mari and Marika.
2. Intracutaneous sterile water injections as non-medical pain relief, Marika.
3. The Finnish grip - skills station, Marika.
4. "Ways of protecting perineum" - what a midwife can do to help the woman does not sustain a tear or episiotomy, Petra.
5. Perineal massage, Petra.
6. Asian best practices, exchanging knowledge and skills.

Afternoon: Midwife skills, how to guide parents

- Happiest baby method - how to teach parents, skills station, Elina.
- New-born Behaviour Observation (NBO), how to guide the parents, Polona.

12.8.2022 Friday Workshop

Morning:

- **Program/ presentations from HIS of RCAF**
- **“Evaluation system is student’s curriculum”** WP2, TAMK team. How to support students active learning by developing evaluation methods. Final oral and written exams.
- Participants’ experiences, sharing good evaluation methods
- Ensuring and documenting students' practical skills Marika Mettälä - Student midwives’ workbook, in use in Finland for more than 20 years.
- **Midwifery practical training in SLO Polona Mivšek:** Introduction to Clinical skills exams and final group-exams.

Afternoon:

- WP7 handbook structure and content. TAMK - Learning café
- All handbook drafts (UMP, NDUN) and discussion of translations
- Preparing for next meetings and workshops.