

Perinatal statistics 2017 - Finland

- 50155 births, 50858 children born; **2018 only 47 914**
- 99,7% living babies
- Perinatal mortality 4/1000
- Infant mortality 2/1000
- Maternal deaths 0-3/year

Giving birth in Finland

- 26 hospitals for giving birth
- 99,5% of births happens in hospitals
- Cesarean sections 16,6%
- Episiotomy 20,1%
- Induced labour 26,6%
- Some kind of painrelief 92,2%

Midwives are responsible for uncomplicated deliveries

Statistics 2017 we need to be aware of

Increasing every year:

- Mean age to have baby is 30,9, first baby 29,2
- Women giving birth in the age of 35 and over 22,5%
- Body mass index 24,9
- BMI \geq 30, obese 14%
- Pathological glucose tolerance test 19%
- Pregnancy Diabetes 15,6

Decreasing:

- **Smokers 12,5%**



Midwife education in Finland

200 years in Finland + 100 years in Sweden before that

1995 Finland joined European union

- European Union Directives for Midwife education
- National laws, only Bachelor level midwives
- In Scandinavia (Finland, Sweden, Norway, Island) first nurse education and after that midwife education
- In Finland 4,5 years 270 credits. Bachelor in Midwifery and in Nursing
 - 1 credit = students 40 working hours

After Bachelor in Midwifery and in Nursing 270 credits

University of applied sciences

- Master, in Midwifery

90 credits, about 2 years

To become a teacher

Pedagogical studies in TAMK 1,5 years 60 credits

University, Health Sciences

- Master in Health Sciences, about 200 credits

Includes Pedagogical studies minimum 60 credits

Midwifery studies 270 credits

- Nursing studies, include Bachelor Thesis 15 credits
- Midwifery studies 90 credits
- Half theory – half practise in Hospitals and Health centers

Midwifery, competences

- The registered midwife is the **expert of sexual and reproductive care.**
- Midwife's independent professional role is to **promote women's health** through their life cycle and to take care of newborn infants and women during and after pregnancy and normal childbirth.
- Midwives are able to **support health and wellbeing of women who plan pregnancy or are pregnant, women during childbirth and postnatal period.**
- Midwives are also able to take care of **newborn** infants and their families in the changing multicultural society.
- The core of the midwifery practice is to promote health of women through their life cycle and to take care of women with **gynecologic disorders**

Next steps in the future in Finland ?

- Bachelor level Nursing 3,5 years
and after that
- Master level Midwifery 2 years

"Definition of midwifery

*Skilled, knowledgeable and compassionate care for childbearing women, newborn infants and families across the continuum throughout **pre-pregnancy, pregnancy, birth, postpartum and the early weeks of life.** Core characteristics include optimizing normal biological, psychological, social and cultural processes of reproduction and early life, timely prevention and management of complications, consultation with and referral to other services, respecting women's individual circumstances and views, and working in partnership with women to strengthen women's own capabilities to care for themselves and their families." (Renfrew & al. 2014.)*

4 Steps

Full scope midwifery, best practices:

1. preconception health and family planning
2. healthy pregnancy
3. normal delivery
4. healthy newborn and happy families