

# Promoting Occupational Safety, Health, and Well-Being in SME Manufacturing Companies

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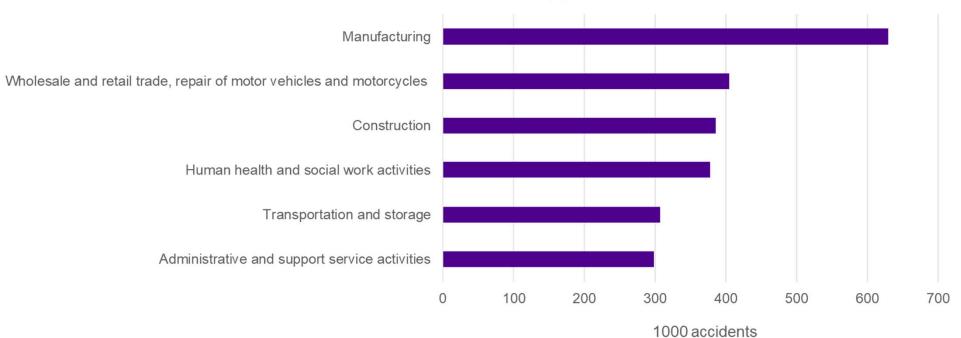






#### Introduction

Number of work accidents in EU by NACE in the economic activities where most of the accidents have happened in 2018



Source: Eurostat



#### Introduction

- •The frequency of occupational injury in SMEs was found to be higher than in larger companies especially for fatal and other severe injuries (Fabiano et al., 2004; Hasle and Limborg, 2006; Holizki et al., 2015).
- •Small enterprises typically have limited awareness, resources, time, and competence in managing occupational safety and health (Masi and Cagno, 2015; Unnikrishnan et al. 2015; Walters et al. 2018).



#### **Aim**

 The aim of this study was to investigate and develop occupational safety, health, and well-being (SHW) of employees in SME manufacturing companies.



#### **Materials and Methods**

- Four small and medium sized manufacturing companies
- A company-specific development process:
  - 1. A risk assesment e-survey
  - Thematic group interviews about SHW resources and stress factors originating from work, the work community, and the worker
  - 3. Workshop -> action plan for promoting SHW



#### **Materials and Methods**

Company	Workforce	Number of responses to the survey	Number of interviewees	Number of participants in the workshop
Α	88	23	8	15
В	130	17	8	9
С	20	13	8	9
D	32	5	8	9
Total	270	58	32	42



# Results

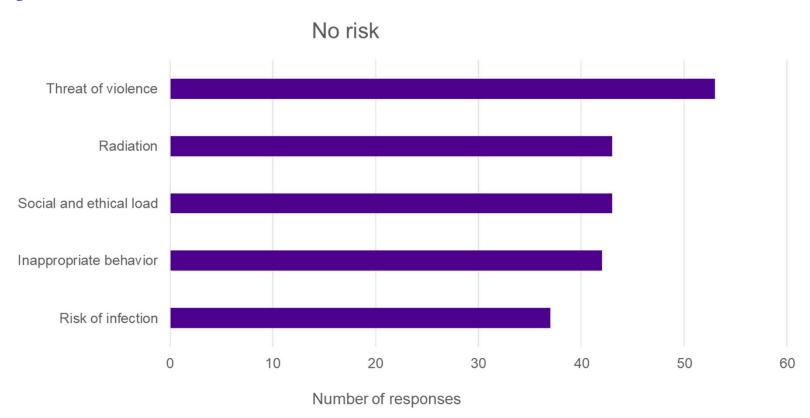


#### **Interviews**

- •Job resources:
  - working community and good work atmosphere
  - support received from co-workers
  - equality in the workplace
  - participation at work
- •Stressors:
  - Lifting heavy loads, awkward job postures, monotonous work movements, manual work, and thermal environment
  - Communication difficulties, constant rushing, inconvient working hours, and demanding goals from an employer

#### Tampere University

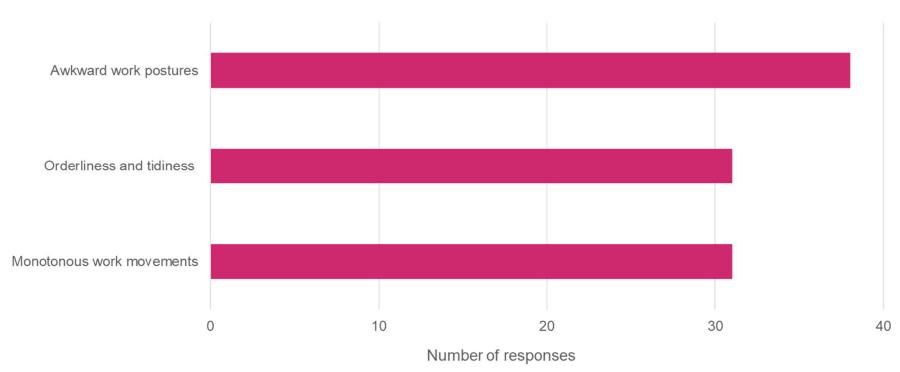
## **Survey**





### **Survey**







# Workshop

Issues in the action plans:			
improvements to the community spirit between departments	meetings		
the flow of information within a company	air conditioning		
order and tidiness	work well-being		
orientation	training		
haste	strain of assigments		
joint events	cramped conditions		
accessways	a special production process		



#### Conclusion

- •Job resources:
  - positive work atmosphere
  - support received from co-workers
- Development needs:
  - lifting heavy loads, awkward job postures, monotonous work movements, manual work
  - communication difficulties
  - constant rushing
  - order and tidiness
  - thermal environment



#### Conclusion

 The action plan for promoting SHW were co-created with the employees and management at each participated company.

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