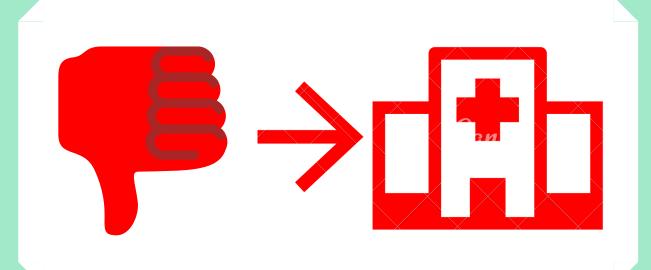
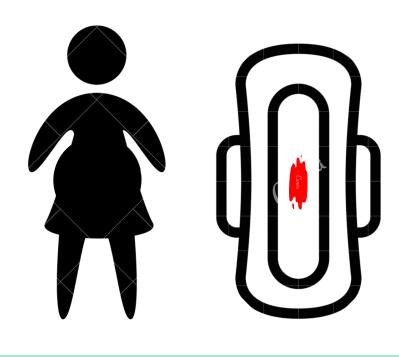
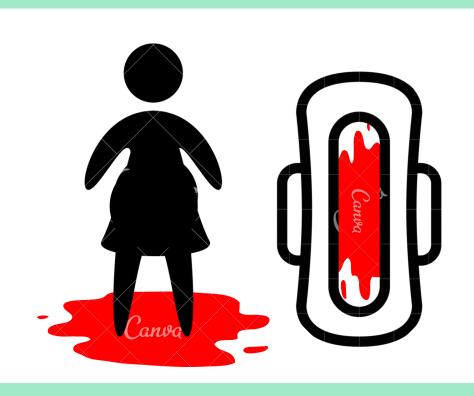
APPROACHING CHILDBIRTH IS THIS NORMAL?







VAGINAL BLEEDING



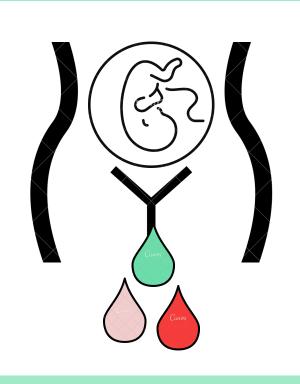


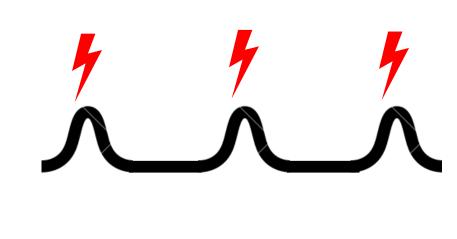
BABY'S MOVEMENTS





WATER BREAKING









CONTRACTION PAIN

Approaching childbirth – Is this normal?

Minor bloody discharge is normal. Heavy bleeding is abnormal.

Baby's movements in the womb are a sign of the wellbeing of the baby.

Normal amniotic fluid should be clear, light yellow or light pink. Abnormal amniotic fluid is green or clearly bloody.

Normal labour pain will ease between the contractions. Continuous abdominal pain is abnormal.

Emmi Ahola & Heidi Nurkka







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